

Well-being Outreach Worker

Introduction

Southall Community Alliance (SCA) is a charity that has been working in Southall for over 30 years. We will be working with the Dormers Wells Learning Trust to develop the 'Caretakers Cottage' in an innovative project to improve the mental well-being of children and young people in Southall.

The 'Caretaker's Cottage' is a former residence on the grounds of Dormers Wells Primary School and will host a team of trained professionals providing a wraparound, evidence based service to support early intervention of mental health and well-being, young people and families in our local community. The aim is for the centre to provide a welcoming and non-judgemental space to deal with the issues experienced by families and act as a hub, offering health and well-being support and activities for children aged 5-12.

SCA will offer a service at the Caretakers Cottage and link our vulnerable beneficiaries to external, non-clinical interventions and support in Southall. We seek an enthusiastic and experienced Well-being Outreach Worker to oversee the work of the project over the next three years.

We are looking for a candidate with excellent interpersonal skills, community engagement experience and an understanding of how socio-economic issues can affect mental wellbeing.

You will report to the SCA Director and be part of the growing SCA staff team.

This post is funded by the John Lyon's Charity.

Title:	Well-being Outreach Worker
Salary:	£29,400 per annum
Duration:	Part-time - 28 hours or 4 days per week
Contract type :	Three year fixed term contract
Location :	Southall Town Hall, 1 High Street, Southall, UB1 3HA
Holiday entitlement :	20 days annually

Please see SCA website for further details : www.southallcommunityalliance.com

Job Description

Main Duties

- 1) Managing the mental health outreach project and project related activities
- 2) Attend and contribute to the project's operational delivery group and steering group
- 3) Work with staff, adults and young people at the Caretakers Cottage to develop flexible and realistic support plans, offering a person-centred approach when providing advice, information, practical and emotional support to young people
- 4) Establishing supportive, empowering and respectful relationships with children and families
- 5) Prepare and deliver a programme of outreach activities that help to reduce mental health pressures for children and their families ie trips/visits, referral to voluntary sector support, arts/creative opportunities etc
- 6) Promoting work on social media or website to share good practice and project achievements
- 7) Preparing agendas, minutes and other relevant materials relating to project
- 8) Supporting the recruitment and supervision of volunteers
- 9) Preparing monitoring and evaluation reports relating to project activities
- 10) To ensure inclusion and diversity in all aspects of SCA's operation and work
- 11) To report to the SCA Board of trustees and advisory boards, as required
- 12) To undertake other such duties as may be assigned by the SCA Director from time to time

Person Specification

Essential Criteria

1. Must have at least two years experience of working with organisations and people from diverse and disadvantaged communities
2. At least two years experience of working with children and young people
3. Experience of confidently using community outreach activities to engage with a diverse range of partners and stakeholders
4. Ability to manage and de-escalate challenging behaviour when dealing with young people with complex needs
5. Experience of managing safeguarding risks and understanding legal requirements for safeguarding adults and children
6. Understanding of the relationship between mental health and social issues and how these issues may impact on physical, mental and emotional wellbeing
7. Ability to deal with confidential and sensitive data, whilst ensure compliance with good safeguarding practice and GDPR
8. Good understanding of mental health conditions and experience of working with vulnerable individuals

9. Strong written and verbal communication skills including experience of using social media, updating websites and compiling digital newsletters/bulletins
10. Proficient in the use of Microsoft Office packages: Word, Excel, Power Point and Outlook
11. Experience of drafting, presenting reports and designing and producing publicity materials.
12. Well organised and able to prioritise and manage workload
13. Ability to work out of hours and on weekends